

APPLES, APPLES,



EVERYWHERE!

This week, there will literally be APPLES, APPLES EVERYWHERE! We will be sorting, colouring, and even eating apples! We will also have fun pretending balloons are apples and using a parachute to bounce them around. We will have hands-on learning activities, using dried beans, bingo dabbers and stamps made from real apples.

Letter of the week: Aa

Number of the week: 2

Colour of the week: circle

Shape of the week: red

Prepare for this week by printing:

Apples, Apples Everywhere Worksheets (1 per learner)

Apple Pie Book (1 per class, in colour if possible)

Parts of an Apple (1 per learner)

Material List:

- | | |
|------------------|---------------------------------|
| - 2 baskets | - Balloons (red, yellow, green) |
| - 5 Red Apples | - Apple Stickers |
| - 5 Green Apples | - Dried beans |
| - Knife | - Parachute |
| - Zip Loc bags | - Bowl or plate |

APPLES, APPLES, EVERYWHERE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Letters: Letter Aa Apple Basket	Letters: Aa is for Apple Colouring	Letters: Apples on the Letter Aa	Letters: Letter Aa Apple Basket	Letters: Letter Aa Apple Dotting
Numbers: Number 2 Colouring	Numbers: 2 Red Apples	Numbers: Number 2 Apple Tree Colouring	Numbers: 2 Green Apples	Numbers: 2 Yellow Apples
Colours: Colourful Apple Sorting	Colours: Green Apple Stamping	Colours: Colourful Apple Sorting	Colours: Red Apple Sponge Painting	Colours: Colourful Apple Sorting
Shapes: Apple Seed Circle Gluing	Shapes: Searching for Circles	Shapes: Matching Circles	Shapes: Searching for Circles	Shapes: Circle Rainbow Write
Language: Apple Pie Book (Pages 1-2)	Language: Colouring the Parts of an Apple	Language: Apple Pie Book (Pages 3-4)	Language: Identifying the Parts of an Apple	Language: Apple Pie Book (Pages 5-6)
Exploration: Balloon Apple Picking	Exploration: Red Apple Tasting	Exploration: Balloon Apple Picking	Exploration: Green Apple Tasting	Exploration: Balloon Apple Picking
Peer Interaction: Colourful Apple Parachute Play	Peer Interaction: Colourful Apple Parachute Play	Peer Interaction: Colourful Apple Parachute Play	Peer Interaction: Colourful Apple Parachute Play	Peer Interaction: Colourful Apple Parachute Play
Fine Motor: Tracing Practice - Straight Lines	Fine Motor: Apple Tree Stickers	Fine Motor: Tracing Practice - Curvy Lines	Fine Motor: Paper Plate Apple Craft	Fine Motor: Tracing Practice - Zig-Zag Lines
Gross Motor: Ball Play	Gross Motor: Ball Play	Gross Motor: Ball Play	Gross Motor: Ball Play	Gross Motor: Ball Play

APPLES, APPLES, EVERYWHERE – MONDAY

LETTER ACTIVITY: Letter Aa Apple Basket

The learners will find the apples that are labeled with the letter A and place them in the “Apple Basket”.

Preparation: Label each apple with a letter (at least 5 apples with the letter A)

Materials: Basket, 10 apples, marker

Steps: Place the basket and the apples on the floor in front of the learners. While taking turns, each learner will have the opportunity to pick an apple. If the apple has the letter A on it, the learner will place it in the basket. If the apple does not have the letter A on it, the learner will place it back in the apple pile. The activity will continue until each learner has had two turns.

Instructions: “Pick an apple”, “What letter does the apple have?”, “Put the A in the basket”

NUMBER ACTIVITY: Number 2 Colouring

This number activity will familiarize the students to the number of the week – 2!

Preparation: None.

Materials: “Number 2 Colouring” worksheet, colouring tools (crayons etc.)

Steps: The learners will complete the worksheet by colouring the 2’s in different sizes and fonts.

Instructions: “Pick up the crayon”, “Colour the 2’s”

COLOUR ACTIVITY: Colourful Apple Sorting

During the group activity, the learners will work together to sort apples by colour.

Preparation: Label one box with the word “red” written on a piece of red paper and the second with “green” written on green paper.

Materials: Red basket, green basket, at least 5 red apples, at least 5 green apples

Steps: The learners will sort the apples, by placing the red apples in the red basket and the green apples in the green basket.

Instructions: “What colour is this apple?”, “Put in the ___ basket”, “Which basket does it belong in?”, “Put the apple in the right basket”.

SHAPE ACTIVITY: Apple Seed Circle Gluing

The learners will work independently to carefully glue “apple seeds” along the outline of the shape of the week.

Preparation: None.

Materials: “Apple Seed Circle Gluing” worksheet, dried beans, squeeze glue

Steps: The learners will glue along the lines of the circle, then use a pincer grip to pick up the beans (one at a time) and place them on the glue-line until the shape is complete.

Instructions: “Squeeze the glue”, “Pick up a bean”, “Place the bean on the glue/line”

LANGUAGE ACTIVITY: Apple Pie Book (Pages 1-2)

Our book of the week will familiarize our learners with the ingredients and steps involved in making an apple pie!.

Preparation: If you haven’t already, print the Apple Pie Book (in colour if possible). Cut out the picture cards at the end of the book.

Materials: *Apple Pie Book!*, “Apple Pie Book – Page 1”, “Apple Pie Book – Page 2”, colouring tools (i.e., crayons, markers)

Steps: Once you have read the *Apple Pie Book!* to the learners, place the related pictures on the floor in front of the learners and have them take turns identifying the items. Once they have each had a turn, they will return to their tables to colour the first two pages of their own book.

Instructions: “Listen to the story”, “Find the ____”, “Do you see the ____”, “Touch the ____”, “Colour your worksheet”



EXPLORATION ACTIVITY: Balloon Apple Picking

Every day this week, the learners will take turns picking “apples” from the classroom’s apple tree!

Preparation: Using construction paper, build an “apple tree” on the wall of the room (adult shoulder height). Inflate the balloons then tape them on the tree.

Materials: Construction paper, tape, balloons (red, yellow and green) (2 per learner)

Steps: The learners will take turns picking the balloon apples from the tree.

Instructions: “Pick an apple off the tree!”, “Get a red apple”, “This time, choose a green apple”

PEER INTERACTION ACTIVITY: Colourful Apple Parachute Play!

This fun group activity will get the learners moving as they shake the “apples” on the parachute!

Preparation: Blow up red, green, and yellow balloons.

Materials: Parachute, balloons (red, green and yellow), music player

Steps: Place some balloon “apples” on the parachute. The learners will hold the handles of the parachute and follow verbal instructions to shake the parachute. Have the learners shake the parachute along with the music (shaking it quickly when the music is loud, and slowly when the music is quiet). At the end of the activity, save the balloons for later in the week!

Instructions: “Listen to the music”, “Shake the parachute QUICKLY”, “Shake the parachute SLOWLY”

FINE MOTOR ACTIVITY: Tracing Practice – Straight Lines

This week, the learners will practice tracing different types of lines, starting today with straight lines!

Preparation: None.

Materials: “Tracing Practice - Straight Lines” worksheet, colouring tool (i.e., crayon, marker)

Steps: The learners will complete the worksheet by tracing the dotted lines then colour the apples.

Instructions: “Trace the lines”, “Follow the dots”, “Colour the apples”

GROSS MOTOR ACTIVITY: Ball Play

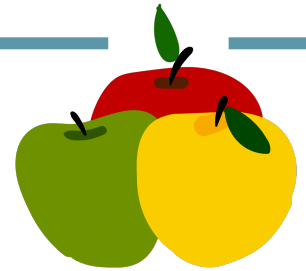
This gross motor activity will have the learners moving while they practice their ball handling skills. If possible, do this activity outside where there is plenty of space!

Preparation: None

Materials: Balls

Steps: The learners will take turns gently throwing, catching and kicking the ball with each other.

Instructions: "Throw the ball to _____", "Catch the ball!", "Softly kick the ball to _____"



APPLES, APPLES, EVERYWHERE - TUESDAY

LETTER ACTIVITY: Aa is for Apple Colouring

During this activity, the learners will colour an apple themed worksheet.

Preparation: None.

Materials: "Aa is for Apple Colouring" worksheet, colouring tools (i.e., crayons, markers)

Steps: The learners will work independently to colour the apple themed worksheet.

Instructions: "Pick a crayon", "Colour the worksheet"

NUMBER ACTIVITY: 2 Red Apples

TWO red apples!

Preparation: None.

Materials: "2 Red Apples" worksheet, paint, glue, red pom-poms (2 per learner)

Steps: The learners will paint the picture and then glue a red pom-pom onto each of the apples.

Instructions: "Count the apples", "Paint the picture", "Paint the apples red", "What colour is it?"

COLOUR ACTIVITY: Green Apple Stamping

In this activity, Learners will explore a new use for a green apple - stamping!

Preparation: Using a knife, carefully cut the apples in half. Write the title "Green Apple Stamps" at the top of a piece of construction paper. Pour the paint into the paint trays.

Materials: Half of a green apple per learner, green paint, paint trays, construction paper

Steps: The learners will dip the apple half into paint and stamp on a piece of construction paper.

Instructions: "Dip your apple in the paint", "Press your apple on the paper", "Stamp the paper"

SHAPE ACTIVITY: Searching for Circles

Today, the learners will work together to find circle-shaped items in the learning environment.

- Preparation: Ensure that there are multiple circle-shaped items visible to the learners in the learning environment.
- Materials: Circle-shaped items
- Steps: The learners will work together with their peers to find circle shaped items in the learning environment.
- Instructions: "Find the circles", "Do you see any circles?"

LANGUAGE ACTIVITY: Colouring the Parts of an Apple

In this activity, the learners will learn about the different parts of an apple.

- Preparation: If you haven't already, print, cut out then colour the Parts of an Apple diagram. If possible, laminate the picture for use again later in the week and in the future. Cut an apple in half or quarters.
- Materials: Parts of an Apple diagram, apple (cut in half or quarters), bowl or plate, "Parts of an Apple" worksheet, colouring tools (i.e. crayons, markers)
- Steps: Start this activity by showing the learners the diagram, labelling the parts of the apple. Next, show the learners the parts of the apple using the real apple halves or quarters. Then, place the apple pieces in a bowl/plate and pass them around the group so that each learner has an opportunity to look closely at the apple parts. Finally, the learners will colour the worksheet following the instructions to colour each part a specific colour.
- Instructions: "Let's learn about the parts of an apple!", "This is the stem", "This is the leaf" ... "Pick up the apple and look closely at its parts", "Colour the stem brown", "Colour the leaf green"

EXPLORATION ACTIVITY: Red Apple Tasting

Today, the learners will let their taste buds explore the delicious taste of a red apple!

- Preparation: Cut red apples into slices (enough for each learner to have 3 slices). Place the apple slices in a container.
- Materials: Container of red apple slices, knife
- Steps: The learners will identify the red apple receptively when instructed and count three slices out of the container. The learner will then touch and taste the red apples. While the learners are eating the apples, talk to them about how they feel and taste, using vocabulary such as “red”, “apple peel”, “seed”, “crunchy”, “sour” and “sweet”.
- Instructions: “Touch the red apple”, “Now, it’s your turn to taste the red apple!”

PEER INTERACTION ACTIVITY: Colourful Apple Parachute Play!

This fun group activity will get the learners moving as they shake the “apples” on the parachute!

- Preparation: None.
- Materials: Parachute, balloons (red, green and yellow), music player
- Steps: Place some balloon “apples” on the parachute. The learners will hold the handles of the parachute and follow verbal instructions to shake the parachute. Have the learners shake the parachute along with the music (shaking it quickly when the music is loud, and slowly when the music is quiet). At the end of the activity, save the balloons for later in the week!
- Instructions: “Listen to the music”, “Shake the parachute QUICKLY”, “Shake the parachute SLOWLY”

FINE MOTOR ACTIVITY: Apple Tree Stickers

During this independent activity, the learners practice their pincer grip when peeling and sticking apple stickers onto the apple tree.

- Preparation: None.
- Materials: “Apple Tree Stickers” worksheet, apple stickers, colouring tools (i.e., crayons, markers)
- Steps: The learner will colour the picture of the apple tree then peel and stick at least 3 apple stickers onto their tree.
- Instructions: “Colour the tree”, “Add some apples”, “Pick a sticker”, “Peel it off”

GROSS MOTOR ACTIVITY: Ball Play

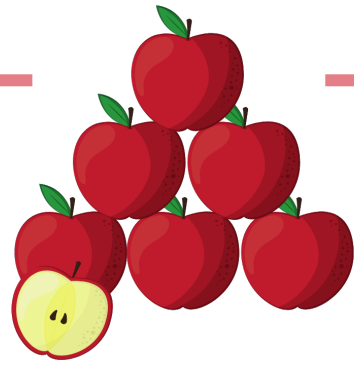
This gross motor activity will have the learners moving while they practice their ball handling skills. If possible, do this activity outside where there is plenty of space!

Preparation: None

Materials: Balls

Steps: The learners will take turns gently throwing, catching and kicking the ball with each other.

Instructions: "Throw the ball to _____", "Catch the ball!", "Softly kick the ball to _____"



APPLES, APPLES, EVERYWHERE – WEDNESDAY

LETTER ACTIVITY: Apples on the Letter Aa

The learners will work together to arrange apples into the shape of the letter A.

Preparation: Tape a big letter A on the ground.

Materials: Tape, apples

Steps: The learners will work together and take turns placing apples on the A that is taped to the ground.

Instructions: “Wait your turn”, “Grab an apple”, “Put the apple on the tape”

NUMBER ACTIVITY: Number 2 Apple Colouring

In this activity, the learners will spot the apples that have the number 2!

Preparation: None.

Materials: “Number 2 Apple Colouring”, colouring tools (crayons etc.)

Steps: The learners will colour only the apples that only have number 2 on them.

Instructions: “Pick up a crayon”, “Colour the tree”, “What number is this?”, “Colour the apples with 2’s”

COLOUR ACTIVITY: Colourful Apple Sorting

During the group activity, the learners will work together to sort apples by colour.

Preparation: Label one box with the word “red” written on a piece of red paper and the second with “green” written on green paper.

Materials: Red basket, green basket, at least 5 red apples, at least 5 green apples

Steps: The learners will sort the apples, by placing the red apples in the red basket and the green apples in the green basket.

Instructions: “What colour is this apple?”, “Put in the ____ basket”, “Which basket does it belong in?”, “Put the apple in the right basket”.

SHAPE ACTIVITY: Matching Circles

In this activity, the learners will put their matching skills to the test by looking for circles that are the same.

Preparation: None.

Materials: "Matching Circles" worksheet, writing tools (i.e., pencil, crayon)

Steps: The learners will complete the worksheet by drawing lines to match circles that look the same.

Instructions: "Find the same circle", "Match", "Draw a line"

LANGUAGE ACTIVITY: Apple Pie Book (Pages 3-4)

Our book of the week will familiarize our learners with the ingredients and steps involved in making an apple pie!

Preparation: None.

Materials: *Apple Pie Book!*, "Apple Pie Book – Page 3", "Apple Pie Book – Page 4", colouring tools (i.e., crayons, markers)

Steps: Once you have read the *Apple Pie Book!* to the learners, place the related pictures on the floor in front of the learners and have them take turns identifying the items. Once they have each had a turn, they will return to their tables to colour the first two pages of their own book.

Instructions: "Listen to the story", "Find the ____", "Do you see the ____", "Touch the ____", "Colour your worksheet"

EXPLORATION ACTIVITY: Balloon Apple Picking

Every day this week, the learners will take turns picking "apples" from the classroom's apple tree!

Preparation: None.

Materials: Construction paper, tape, balloons (red, yellow and green) (2 per learner)

Steps: The learners will take turns picking the balloon apples from the tree.

Instructions: "Pick an apple off the tree!", "Get a red apple", "This time, choose a green apple"

PEER INTERACTION ACTIVITY: Colourful Apple Parachute Play!

This fun group activity will get the learners moving as they shake the “apples” on the parachute!

Preparation: None.

Materials: Parachute, balloons (red, green and yellow), music player

Steps: Place some balloon “apples” on the parachute. The learners will hold the handles of the parachute and follow verbal instructions to shake the parachute. Have the learners shake the parachute along with the music (shaking it quickly when the music is loud, and slowly when the music is quiet). At the end of the activity, save the balloons for later in the week!

Instructions: “Listen to the music”, “Shake the parachute QUICKLY”, “Shake the parachute SLOWLY”

FINE MOTOR ACTIVITY: Tracing Practice – Curvy Lines

This week, the learners will practice tracing different types of lines. Today, they will practice with curvy lines!

Preparation: None.

Materials: “Tracing Practice - Curvy Lines” worksheet, colouring tool (i.e., crayon, marker)

Steps: The learner will complete the worksheet by tracing the dotted lines then colour the apples.

Instructions: “Trace the lines”, “Follow the dots”, “Colour the apples”

GROSS MOTOR ACTIVITY: Ball Play

This gross motor activity will have the learners moving while they practice their ball handling skills. If possible, do this activity outside where there is plenty of space!

Preparation: None

Materials: Balls

Steps: The learners will take turns gently throwing, catching and kicking the ball with each other.

Instructions: “Throw the ball to _____”, “Catch the ball!”, “Softly kick the ball to _____”

APPLES, APPLES, EVERYWHERE - THURSDAY

LETTER ACTIVITY: Letter Aa Apple Basket

The learners will find the apples that are labeled with the letter A and place them in the "Apple Basket".

Preparation: Label each apple with a letter (at least 5 apples with the letter A)

Materials: Basket, 10 apples, marker

Steps: Place the basket and the apples on the floor in front of the learners. While taking turns, each learner will have the opportunity to pick an apple. If the apple has the letter A on it, the learner will place it in the basket. If the apple does not have the letter A on it, the learner will place it back in the apple pile. The activity will continue until each learner has had two turns.

Instructions: "Pick an apple", "What letter does the apple have?", "Put the A in the basket"

NUMBER ACTIVITY: 2 Green Apples

TWO green apples!

Preparation: None.

Materials: "2 Green Apples" worksheet, watercolour paint, glue, green pom-poms (2 per learner)

Steps: The learners will watercolour paint the picture and then glue a green pom-pom onto each of the apples.

Instructions: "Count the apples", "Paint the picture", "Paint the apples green", "What colour is it?"

COLOUR ACTIVITY: Apple Basket Sponge Painting

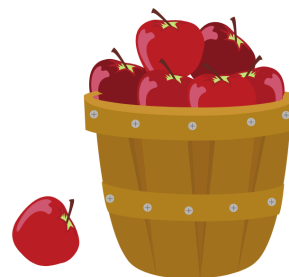
It's time for a sponge painting activity!

Preparation: None.

Materials: "Apple Basket Sponge Painting" worksheet, paint (red, green and brown), sponge

Steps: The Learner will dip the sponge in paint and stamp it on the apple worksheet to paint the apple tree.

Instructions: "Paint the tree", "Dip the sponge in the paint", "Use the sponge to paint the tree"



SHAPE ACTIVITY: Searching for Circles

Today, the learners will work together to find circle-shaped items in the learning environment.

- Preparation: Ensure that there are multiple circle-shaped items visible to the learners in the learning environment.
- Materials: Circle-shaped items
- Steps: The learners will work together with their peers to find circle shaped items in the learning environment.
- Instructions: "Find the circles", "Do you see any circles?"

LANGUAGE ACTIVITY: Identifying the Parts of an Apple

In this activity, the learners will practice identifying the different parts of an apple.

- Preparation: Cut an apple in half or quarters.
- Materials: Parts of an Apple diagram, apple (cut in half or quarters), bowl or plate
- Steps: Start this activity by showing the learners the diagram, labelling the parts of the apple. Next, show the learners the parts of the apple using the real apple halves or quarters. Then, place the apple pieces in a bowl/plate and pass them around the group so that each learner has an opportunity to look closely at the apple parts. Finally, have the learners take turns receptively or expressively identifying the parts of an apple (on the diagram or real apple). For receptive identification, instruct the learner to touch or point to a specific part of the apple (i.e. touch the seeds). For expressive identification, touch or point to a specific part of the apple then instruct the learner to label the part (i.e. "what is this part called?")
- Instructions: "Let's learn about the parts of an apple!", "This is the stem", "This is the leaves" ... "Pick up the apple and look closely at its parts", "Touch the stem", "Touch the seeds", "What is this part called?"

EXPLORATION ACTIVITY: Green Apple Tasting

Today, the learners will let their taste buds explore the delicious taste of a green apple!

- Preparation:** Cut green apples into slices (enough for each learner to have 3 slices). Place the apple slices in a container.
- Materials:** Container of green apple slices, knife
- Steps:** The learners will identify the green apple receptively when instructed and count three slices out of the container. The learner will then touch and taste the green apples. While the learners are eating the apples, talk to them about how they feel and taste, using vocabulary such as “green”, “apple peel”, “seed”, “crunchy”, “sour” and “sweet”.
- Instructions:** “Touch the green apple”, “Now, it’s your turn to taste the green apple!”

PEER INTERACTION ACTIVITY: Colourful Apple Parachute Play!

This fun group activity will get the learners moving as they shake the “apples” on the parachute!

- Preparation:** None.
- Materials:** Parachute, balloons (red, green and yellow), music player
- Steps:** Place some balloon “apples” on the parachute. The learners will hold the handles of the parachute and follow verbal instructions to shake the parachute. Have the learners shake the parachute along with the music (shaking it quickly when the music is loud, and slowly when the music is quiet). At the end of the activity, save the balloons for later in the week!
- Instructions:** “Listen to the music”, “Shake the parachute QUICKLY”, “Shake the parachute SLOWLY”

FINE MOTOR ACTIVITY: Paper Plate Apple Craft

Today, the learners will create an apple craft by gluing pieces of red construction paper onto a paper plate.

Preparation: Cut small square/rectangular pieces of red construction paper (enough for each learner to cover a paper plate). Cut a green leaf and brown stem for each learner. Create one example of the craft shown here.

Materials: Red construction paper pieces, paper plates, glue

Steps: The learners will glue small pieces of red paper onto a paper plate to cover the surface, then glue on the stem and leaf.

Instructions: "Squeeze the glue onto the plate", "Glue on the red pieces"



GROSS MOTOR ACTIVITY: Ball Play

This gross motor activity will have the learners moving while they practice their ball handling skills. If possible, do this activity outside where there is plenty of space!

Preparation: None

Materials: Balls

Steps: The learners will take turns gently throwing, catching and kicking the ball with each other.

Instructions: "Throw the ball to ____", "Catch the ball!", "Softly kick the ball to ____"

APPLES, APPLES, EVERYWHERE – FRIDAY

LETTER ACTIVITY: Letter Aa Apple Dotting

Which apples have the letter A?

Preparation: None.

Materials: “Letter Aa Apple Dotting” worksheet, red bingo dapper

Steps: The learners will identify the apples that are labeled with the letter A by dotting a red dot on the correct spots on the worksheet.

Instructions: “Find the letter A”, “Put a dot on the letter A”

NUMBER ACTIVITY: 2 Yellow Apples

TWO yellow apples!

Preparation: None.

Materials: “2 Yellow Apples” worksheet, colouring tools (i.e. crayons, markers), glue, yellow pom-poms (2 per learner)

Steps: The learners will colour the picture and then glue a yellow pom-pom onto each of the apples.

Instructions: “Count the apples”, “Paint the picture”, “Paint the apples yellow”, “What colour is it?”

COLOUR ACTIVITY: Colourful Apple Sorting

During the group activity, the learners will work together to sort apples by colour.

Preparation: Label one box with the word “red” written on a piece of red paper and the second with “green” written on green paper.

Materials: Red basket, green basket, at least 5 red apples, at least 5 green apples

Steps: The learners will sort the apples, by placing the red apples in the red basket and the green apples in the green basket.

Instructions: “What colour is this apple?”, “Put in the ____ basket”, “Which basket does it belong in?”, “Put the apple in the right basket”.

SHAPE ACTIVITY: Circle Rainbow Write

In this activity, the learners will draw a beautifully coloured circle then practice tracing circles with different colours.

Preparation: None.

Materials: "Circle Rainbow Write" worksheet, blue, green, yellow, orange, red, and purple colouring tools (i.e., crayons, markers)

Steps: The learners will trace a big circle with a variety of different coloured crayons/markers to create a rainbow. Next, the learners will trace 6 small circles (each with a different colour of the rainbow).

Instructions: "Trace the big circle", "Trace is again with another colour", "Use every colour of the rainbow", "Now trace the small circles", "Trace the next one with another colour"

LANGUAGE ACTIVITY: Apple Pie Book (Pages 5-6)

Our book of the week will familiarize our learners with the ingredients and steps involved in making an apple pie!.

Preparation: None.

Materials: *Apple Pie Book!*, "Apple Pie Book – Page 5", "Apple Pie Book – Page 6", colouring tools (i.e., crayons, markers)

Steps: Once you have read the *Apple Pie Book!* to the learners, place the related pictures on the floor in front of the learners and have them take turns identifying the items. Once they have each had a turn, they will return to their tables to colour the first two pages of their own book.

Instructions: "Listen to the story", "Find the ____", "Do you see the ____", "Touch the ____", "Colour your worksheet"

EXPLORATION ACTIVITY: Balloon Apple Picking

Every day this week, the learners will take turns picking "apples" from the classroom's apple tree!

Preparation: None.

Materials: Construction paper, tape, balloons (red, yellow and green) (2 per learner)

Steps: The learners will take turns picking the balloon apples from the tree.

Instructions: "Pick an apple off the tree!", "Get a red apple", "This time, choose a green apple"

PEER INTERACTION ACTIVITY: Colourful Apple Parachute Play!

This fun group activity will get the learners moving as they shake the “apples” on the parachute!

Preparation: None.

Materials: Parachute, balloons (red, green and yellow), music player

Steps: Place some balloon “apples” on the parachute. The learners will hold the handles of the parachute and follow verbal instructions to shake the parachute. Have the learners shake the parachute along with the music (shaking it quickly when the music is loud, and slowly when the music is quiet).

Instructions: “Listen to the music”, “Shake the parachute QUICKLY”, “Shake the parachute SLOWLY”

FINE MOTOR ACTIVITY: Tracing Practice – Zig-Zag Lines

This week, the learners will practice tracing different types of lines. Today, they will practice with zig-zag lines!

Preparation: None.

Materials: “Tracing Practice – Zig-Zag Lines” worksheet, colouring tool (i.e., crayon, marker)

Steps: The learners will complete the worksheet by tracing the dotted lines then colour the apples.

Instructions: “Trace the lines”, “Follow the dots”, “Colour the apples”

GROSS MOTOR ACTIVITY: Ball Play

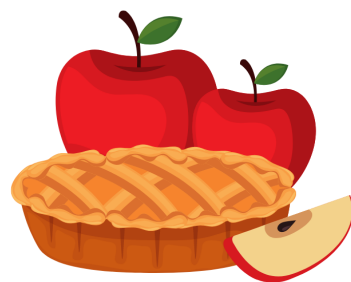
This gross motor activity will have the learners moving while they practice their ball handling skills. If possible, do this activity outside where there is plenty of space!

Preparation: None

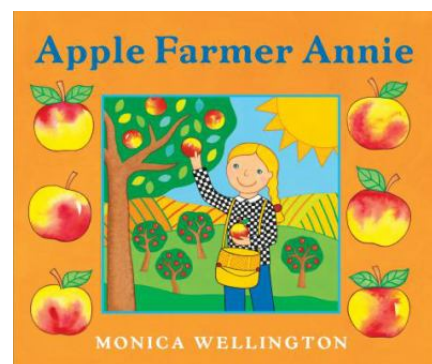
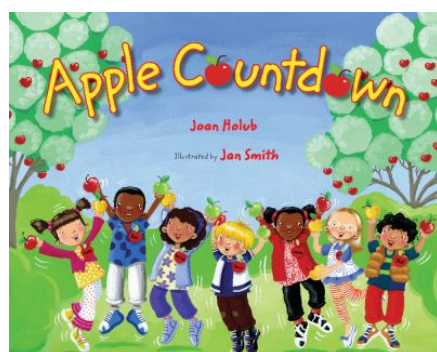
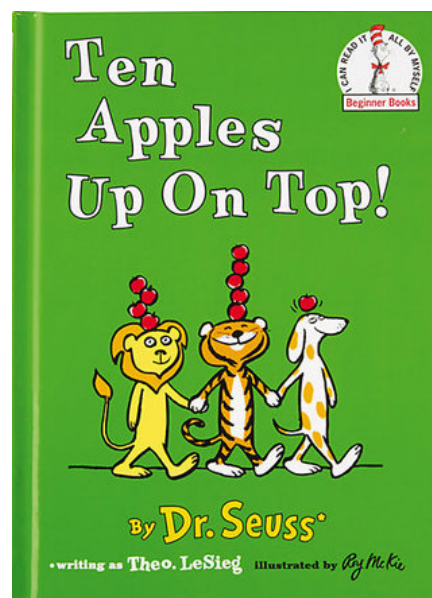
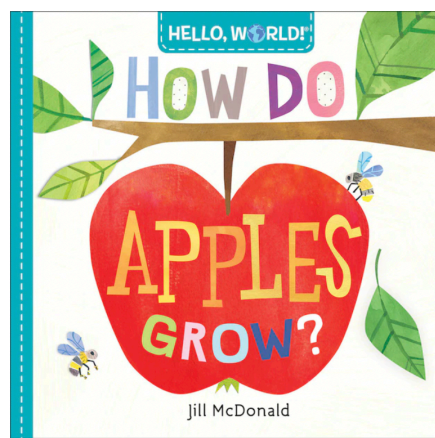
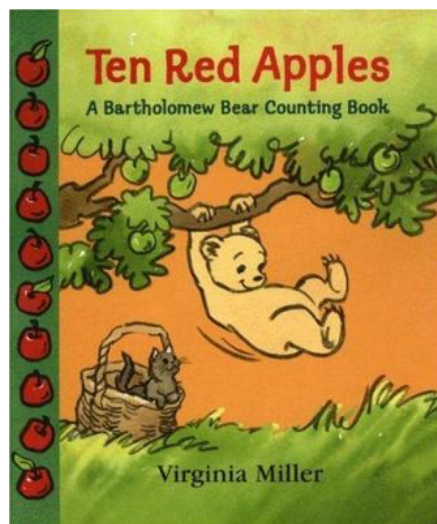
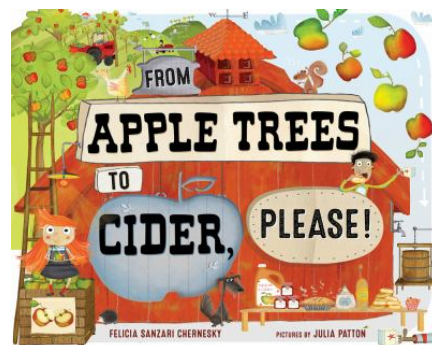
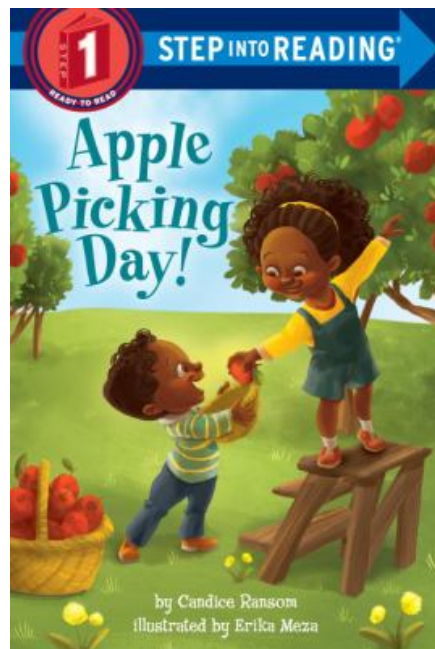
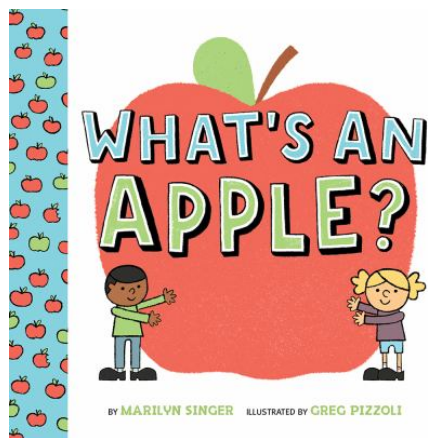
Materials: Balls

Steps: The learners will take turns gently throwing, catching and kicking the ball with each other.

Instructions: “Throw the ball to _____”, “Catch the ball!”, “Softly kick the ball to _____”



APPLES - CIRCLE TIME BOOKS + SONGS



What's an Apple? By Marilyn Singer

How Do Apples Grow? by Jill McDonald

Ten Red Apples by Virginia Miller

From Apple Trees to Cider Please! By Felicia Sanzari

Apple Countdown by Joan Holub

Ten Apples on Top by Dr. Seuss

Apple Picking Day by Candice Random

Apple Farmer Annie by Monica Wellington

JUICY APPLES

(to the tune of Twinkle, Twinkle Little Star)

Apples juicy, apples round
On the trees and on the ground
Apples yellow, apples red
Apple juice or pie or bread
Apples crunchy, apples sweet
Apples are so good to eat!

FIVE RED APPLES

(to the tune of Five Little Monkeys)

Five little apples hanging in a tree
The juiciest apples you ever did see
The mighty wind came by and gave an angry frown
And one little apple came tumbling down

Four little apples hanging in a tree...
(Repeat all the way to 0)

A LITTLE APPLE SEED

(to the tune of Itsy Bitsy Spider)

One little apple seed was planted in the ground
Down came the raindrops, falling all around
Out came the big sun, bright as bright could be
And that little apple seed grew into an apple tree!

APPLES - CIRCLE TIME ACTIVITIES

CIRCLE TIME ACTIVITY: Stretching for Apples!

Criss-cross, apple sauce. Time to stretch for apples!

Preparation: None.

Materials: 3 apples

Steps: The learners will sit with their legs crossed. Place three apples in different spots on the floor (at an arms distance) from the first learner. While staying seated, the learner will then stretch to reach and pick up the apples. This activity will continue until each learner gets at least one turn.

Instructions: "Pick up the apple", "Stretch your arms!"

CIRCLE TIME ACTIVITY: Charting Activities

This week, the learners will help with charting activities about apples.

Preparation: Create a chart on a whiteboard or chalkboard, with at least 4 columns and the same number of rows as there are students.

Materials: Large chart, whiteboard markers or chalk

Steps: While sitting in a group on the floor, introduce the concept of the chart. Start by telling the learners that you are going to measure what their favourite colour of apple is (red, green or yellow). Instruct them to raise their hand when you say the colour that is their favourite, then state one colour at time, count the number of hands that are raised, then colour the corresponding number on the squares on the chart. Once you have measured each of the possible responses, talk to the learners about how many students chose each answer, which answer had more and which answers had less. Switch between questions each day. Other possible questions include: favourite way to eat apples (apple sauce, apple slices, apple juice, apple pie), have you been apple picking?

Instructions: "What is your favourite colour of apple?", "Raise your hand when I say the colour that is your favourite", "Let's look at the answers", "How many students chose green, let's count", 4 students chose green! This means green is liked the most!" "What's your favourite way to eat apples?", "Have you ever been apple picking?"

CIRCLE TIME ACTIVITY: Sharing Apples with My Friends

This activity is another opportunity for the learners to practice their friends names.

Preparation: None

Materials: 1 apple

Steps: Have the learners stand in a circle, decently spaced apart from each other. Give the apple to the first learner then instruct him/her to give the apple to a specific peer by using their name in the instruction (i.e. "give the apple to ____"). The learner will walk to his/her peer and pass them the apple. The game will continue until each learner has had at least two turns throwing the ball/beanbag.

Instructions: "Stand in a circle", "It's your turn first", "Give the apple to ____", "This is ____"